

Fairfax Food Service

February 2025

**Congressional Infant - Pre JK
LK Lunch Menu**

<u>Monday, February 3, 2025</u>	<u>Tuesday, February 4, 2025</u>	<u>Wednesday, February 5, 2025</u>	<u>Thursday, February 6, 2025</u>	<u>Friday, February 7, 2025</u>
Oven Baked Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Tender Peas, 1/4c Cinnamon Applesauce, 3/8c	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Mixed Greens Salad, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c	Turkey Nacho Fiesta, 1/4c Shredded Cheddar, 1/2oz GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c <u>TODS & TWOS</u> Wheat Dinner Roll, 1ea Carrot Coins, 1/4c	Italian Beef Meatball Sub, 1/2ea **Beef Meatballs, 3ea; Marinara; Sub Roll, 1/2ea** Shredded Mozzarella, 1/2oz Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c <u>TODS & TWOS</u> Cinnamon Applesauce, 3/8c	Chicken Corn Dog Nuggets, 5ea Ketchup Mixed Greens Salad, 1/2c Ranch Orange Wedges, 4ea <u>TODS & TWOS</u> Carrot Coins, 1/4c Mandarin Oranges, 3/8c
VEG: MorningStar Vegetarian Sausage Slider on Bun, 1ea w/ Shredded Cheddar, 1/2oz	VEG: MorningStar Vegan Nuggets, 3ea	VEG: Vegetarian Nacho Fiesta, 1/4c	VEG: Vegan Meatballs w/ Marinara, 2ea w/ Sub Roll, 1/2ea	send BB 45 chicken nuggets VEG: MorningStar Vegan Nuggets, 5ea
<u>Monday, February 10, 2025</u>	<u>Tuesday, February 11, 2025</u>	<u>Wednesday, February 12, 2025</u>	<u>Thursday, February 13, 2025</u>	<u>Friday, February 14, 2025</u>
Teriyaki Diced Chicken, 1/3c Plain WG Brown Rice, 1/3c Fresh Baby Carrots, 1/4c Ranch Fruit Cocktail, 3/8c <u>TODS & TWOS</u> Carrot Coins, 1/4c Peaches in Juice, 3/8c VEG: Egg Roll, 1ea	Lean Beef Hamburger, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c <u>TODS & TWOS</u> Steamed Green Beans, 1/4c Cinnamon Applesauce, 3/8c VEG: MorningStar Vegetarian Sausage Slider on Bun, 1ea w/ Shredded Cheddar, 1/2oz	Chicken Fajitas, 1/3c Shredded Cheddar, 1/2oz Whole Wheat 6" Tortilla, 1ea Steamed Green Beans, 1/4c Banana, 1/2ea VEG: Chickenless Fajita Strips, 1/3c	WG Buttermilk Pancake, 1ea Chicken Sausage Patty, 1ea Syrup Fresh Baby Carrots, 1/4c Ranch Orange Wedges, 4ea <u>TODS & TWOS</u> Carrot Coins, 1/4c Mandarin Oranges, 3/8c VEG: MorningStar Vegetarian Sausage Patty, 1ea	NO SCHOOL!
<u>Monday, February 17, 2025</u>	<u>Tuesday, February 18, 2025</u>	<u>Wednesday, February 19, 2025</u>	<u>Thursday, February 20, 2025</u>	<u>Friday, February 21, 2025</u>
NO SCHOOL!	NO SCHOOL!	NAE WG Chicken Nuggets, 3ea Macaroni & Cheese, 1/2c Ketchup Sweet Tender Peas, 1/4c Orange Wedges, 4ea <u>TODS & TWOS</u> Mandarin Oranges, 3/8c VEG: MorningStar Vegan Nuggets, 3ea	Cheeseburger Meatloaf, 1ea Wheat Dinner Roll, 1ea Caesar Salad, 1/2c Caesar Dressing Parmesan Cheese, 1/2oz Gala Apple, 3/8c <u>TODS & TWOS</u> Cinnamon Applesauce, 3/8c Steamed Green Beans, 1/4c VEG: Black Beans, 1/2c & Plain WG Brown Rice, 1/3c	Chicken Meatball Sub **Chicken Meatballs, 3ea; Marinara** Hot Dog Roll, 1ea Shredded Mozzarella Cheese, 1/2oz Sweet Yellow Corn, 1/4c Peaches in Juice, 3/8c <u>TODS & TWOS</u> Carrot Coins, 1/4c VEG: MorningStar Vegetarian Sausage Slider on Bun, 1ea w/ Shredded Mozzarella, 1/2oz
<u>Monday, February 24, 2025</u>	<u>Tuesday, February 25, 2025</u>	<u>Wednesday, February 26, 2025</u>	<u>Thursday, February 27, 2025</u>	<u>Friday, February 28, 2025</u>
Grilled Chicken Patty, 1ea WG White Wheat Hamburger Bun, 1ea Ketchup Steamed Green Beans, 1/4c Fruit Cocktail, 3/8c <u>TODS & TWOS</u> Pears in Juice, 3/8c VEG: MorningStar Vegetarian Sausage Slider on Bun, 1ea w/ Shredded Cheddar, 1/2oz	Salisbury Steak & Gravy, 1ea Savory Mashed Potatoes, 1/4c Wheat Dinner Roll, 1ea Red Delicious Apple, 3/8c <u>TODS & TWOS</u> Cinnamon Applesauce, 3/8c VEG: Vegan Black Bean Chili, 1/2c	NAE GF Chicken Tender Strips, 3ea Ketchup Plain WG Brown Rice, 1/3c Fresh Baby Carrots, 1/4c Ranch Orange Wedges, 4ea <u>TODS & TWOS</u> Carrot Coins, 1/4c Mandarin Oranges, 3/8c VEG: Refried Beans, 1/2c w/ Shredded Cheddar, 1/2oz	WG Spaghetti w/ Beef & Lentil Marinara, 1/2c Shredded Mozzarella, 1/2oz 100% Whole Wheat Bread, 1/2sl Baby Spinach, 1/2c Ranch Banana, 1/2ea <u>TODS & TWOS</u> Sweet Tender Peas, 1/4c VEG: WG Spaghetti w/ Marinara, 1/2c	Boneless Chicken Wing Dings, 3ea Ketchup Wheat Dinner Roll, 1ea Peas, Carrots, Green Beans, Corn, Lima Bean, 1/4c Pineapple Tidbits, 3/8c <u>TODS & TWOS</u> Peas, Carrots, Green Beans, 1/4c Mandarin Oranges, 3/8c VEG: MorningStar Vegan Nuggets, 5ea
Portions meet CACFP requirements: 3-5 years - 6oz Milk required w/each meal, Portions 1 1/2oz meat/meat alternative, 1/4c vegetable, 1/4c fruit (we serve 1/4c vegetable, 3/8c fruit), 1/2oz grain equivalent. 6-12 years - 8oz Milk required w/each meal, Portions 2oz meat/meat alternative, 1/2c vegetable and 1/4c fruit (we serve 1/2c veg, 1/2c fruit), 1oz grain equivalent. To see your Nutrislice Menu go to ffsfood.com . Customers, Menus, scroll to find your schools name OR click link:			**GF** = Gluten Free may contain egg & or milk **WG** = Whole Grain Due to quality and demand, items may be subject to change.	
			https://ffschildcarecenters.nutrislice.com/	https://congressionalschool.nutrislice.com/