



Fall After School Activities

Joy of Dance Pre-Primary I Monday 345-430

Grade(s): PS

Price: 225.00

Little dancers love this enchanting adventure in dance exploration. Children develop rhythm, grace, poise, coordination, and musicality through pre-primary classical ballet, beginning tap skills, tap routines, and improvisations with magical props and adorable costumes. Our dance class enriches your child in five areas of development: physical, creative, social, cognitive, and emotional. Children receive a gift that lasts a lifetime, the joy of dance! This class will conclude with a parent watch day!

Joy of Dance Pre-Primary II Monday 430-515

Grade(s): JK

Price: 225.00

Young dancers are introduced to a beautiful pre-primary classical ballet syllabus which incorporates magical variations and dance class etiquette. Cognitive skills of counting, sequencing, spatial awareness, and immersion in a second language (French), are introduced in this class. Dancers learn tap technique and delightful song and tap routines which develop coordination, rhythm, timing and stage presence. This class will conclude with a parent watch day!

Joy of Dance HIP HOP Dance Class Monday 515-600

Grade(s): K to 3

Price: 225.00

In this class, young hip-hop artists will begin with the building blocks of jazz technique. This class develops increased body awareness, coordination, strength, and flexibility through jazz technique exercises, isolations, stretching, progressions, and combinations. This is a fun, fast-paced class filled with hip-funky moves to the latest kids' rock and hip-hop tunes.

Rocks, Puddles and Soil Monday 345-430 and 445-530

Grade(s): PS to JK

Price: 150.00

Every young explorer's dream! Come join us as we investigate all the cool outdoor opportunities our campus has to offer. No stone will go unturned and we will make sure to jump in every puddle. This will get messy!

TinkerLab® Tuesday 345-415 and 430-500

Grade(s): PS-JK

Price: 150.00

Come join our very own Ms. Rice and become a mini maker in our new class! Each of us is born creative, and creativity will manifest itself in so many ways — through painting, writing, inventing, experimenting, designing, singing, and building to name a few. Tapping into this creative energy can get harder as we grow out of childhood, and this class is designed as a source of inspiration.

Chess Wizards Tuesdays 345-445

Grade(s): K to 5

Price: 175.00

Chess Wizards offers fun, intellectual and challenging chess education and tournament experiences to children of all abilities and ages. Our chess instruction is held at participating schools, as well as park districts, churches, and chess clubs. We also offer private lessons, run scholastic tournaments, and hold chess camps in the summer. We believe learning should be fun! Kids play chess because it is fun, not because it 'is good for their cognitive, social, and emotional development.' Our students learn chess is fun on Day 1!

Fitkids Sports Blast Wednesday 345-430 and 430-515

Grade(s): PS to K

Price: 150.00

A great overview of various sports and fundamental skills will be learned. Teamwork and good sportsmanship are stressed. Specific sport activities will vary by each class. This session is designed to ignite a passion for sports. Children will improve their kicking, running, jumping, and throwing skills. Introduction in various sports will include T-Ball, Hockey, Basketball, Lacrosse, Soccer, Tug of War, Frisbees, Relay Races, Individual instruction, organized drills and fun Games will be included.

Flag Football Wednesday 345-430

Grade(s): 2 to 4

Price: 150.00

Come join Mr. Matt and enjoy one of America's favorite sports! Instruction and drills will help your student become a better player and teammate. Emphasis will be placed on teamwork and sportsmanship as players work together to hone their skills. Students will learn running plays, passing plays, man-to-man and zone coverages.

Fitkids Soccer Thursday 345-430 and 430-515

Grade(s): PS to K

Price: 150.00

Fit Kids™ soccer is designed for preschool children. Learning the basic skills of soccer develops motor skills, cognitive abilities and social interactions and relationships. This camp provides fun, fast-paced series of games and activities. This clinic covers trapping, dribbling and shooting concepts.

Graffiti Art Thursday 345-445

Grade(s): 2 to 6

Price: 175.00

Join Mr. Remell and experience the exciting world of graffiti artwork. From the Roman Empire to Banksy, artists have used graffiti throughout human history to express their creativity and comment on society. In Graffiti Art, students will learn how graffiti techniques and styles have developed over time, practice with different paints, inks, and chalks, and canvases to develop their own individual style, and create a unique portfolio of work to take home at the end of the class.

Fishing 101 Thursday 345-445

Grade(s): 1 to 4

Price: 175.00

This new class is sure to be reel exciting! Mr. Gene will be leading a group of young anglers on weekly adventures to Tripp's Run. Casting techniques, tying knots and selecting baits are just some of the skills students will learn. Get ready to hook a big one!

Music Explorers Friday 345-430

Grade(s): PS to K

Price: 150.00

Come join our very own Ms. Rachel as we explore all the highs and lows music has to offer! We'll use favorite songs, basic instruments, musical games, dance, and props as students sing and dance! Students will have a blast bouncing to the beat and keeping up with the tempo!

Minecraft Friday 345-445

Grade(s): 2 to 8

Price: 150.00

Design and build a world of your own in this class that offers an introduction to the exciting universe of Minecraft. Intro to Minecraft offers students a structured environment to experiment and explore while they create characters, buildings, and worlds. Campers will also develop an understanding of the underlying ideas and mechanics that power the game, as well as an appreciation for architecture and design.

Congressional Riding Academy

Horseback riding lessons are offered Monday-Friday after school. Our goal is to develop confident equestrians in a safe, fun, rider-centered environment. The Congressional Riding Academy helps students develop riding skills from beginner through intermediate levels, gain horsemanship knowledge, and foster friendships with two and four-legged friends. We believe working with horses builds on the school's core values of integrity, kindness, perseverance, respect, and responsibility.

Riding Lesson Program, Grade 1 +: 40-minute private lessons. Our riding lessons build confidence and skill both in and out of the saddle. All students will learn to groom and tack up their horses which is included in every student's lesson time. Students learn that time spent on the ground with the horse is as important as the time spent in the saddle. Students will walk, trot, canter, and jump, learning to keep a secure seat at all times. Riders' skills progress through consistent training from instructors who are experienced riders themselves. Cost: \$300 for 6 weeks of 40-minute private lessons, once a week.